



Health and Wellbeing of Learners Policy

Aims

As an organisation we believe in getting to the root of the difficulties holding people back. This includes helping people to be aware of their own health and wellbeing, in addition to ways of helping others. All of our courses are aimed at supporting this strategic mission and we put their wellbeing at the forefront of our support for them.

This policy should be read in conjunction with the Reasonable Adjustments and Special Considerations Policies.

In our learning

Health and wellbeing is naturally built into the topics of courses we deliver. Courses and qualifications include content to help learners recognise their own health and wellbeing, in addition to supporting the health or wellbeing of others. An example of this is our pandemic wellbeing suite, which trains people to recognise their own health and wellbeing during the pandemic, in addition to how to recognise and support the wellbeing of others.

Support available

Learners are able to access support from our staff at any time throughout their learning journey. This can be accessed by email, phone or via the internet. Our staff can provide support and advice to learners or signpost them to external services.

Practical strategies

The support and training offered to learners includes practical strategies to help their own wellbeing and that of others.

Responsibilities of staff

It is the responsibilities of all staff to support the health and wellbeing of learners. They should offer time and support to the learner, signposting to relevant services as appropriate.

Training

Staff are able to access training to improve their knowledge or skills in supporting learners with their health and wellbeing needs.

Review

This policy will be reviewed biannually.

August 2024