

Richard Daniel Curtis

PROFESSIONAL OVERVIEW:

Richard Daniel Curtis is an internationally renowned social, emotional and mental health expert and mentor, passionate about helping millions understand the barriers holding people back. He is an enthralling keynote speaker and conference chair, speaking on topics such as mental health, inclusion, diversity, HR, equality, apprenticeships, plus much more. He provides professional mentoring for executives, entrepreneurs and business leaders amongst others.

Whilst the teacher is known for his impact with addressing some of the most extreme mental health concerns in young people, he spent his early career in mental health nursing and most of his work is now focussed on leadership and mental health in the workplace. His work is said to have personally influenced the lives of over ten million people and he has written several qualifications relating to mental health. In 2020 Richard was one of just three experts brought in by the Department for Education to write the mental health curriculum guidance for all schools and colleges in England. Most recently, he has led his team in developing the multi-award winning online mental health courses, the Pandemic Wellbeing Suite and in addition has launched a new service to provide support, job seeking training and life mentoring to those made redundant during the pandemic. He is the author of the Mental Health Tick, independent accreditation for successful mental health friendly employers.

He has appeared on TV, radio and in newspapers talking about international news stories and is an experienced and entertaining speaker. He has appeared on the BBC, ITV and Sky. In print, Richard has been quoted in the Guardian, the Daily Mail, the Sun, the Mirror, the Observer, 7 Days in Dubai, as well as many magazines and websites. Author of the Social and Emotional Skills Assessment, a tool to assess social and emotional development, Richard's work has had an impact in five continents and he has authored over ten books.

CAREER HISTORY:

April 20 – Present Programme Director, Skills for Progress

Offering funded employment and job hunting skills training to those affected by the pandemic.

Jan 20 – July 20 Subject Matter Expert, Relationship Sex & Health Education, Department for Education

Contribution towards the curriculum resources for all schools and colleges in England and one of only 3 experts for mental health sections.

Dec 19 – Present Founder, Mental Health Tick

Independent accreditation for successful mental health friendly organisations.

Sep 19 – Present Chair, Mental Health and Wellbeing Awards

Dec 18 – Present Programme Director, Mental Health Awareness Programme

A national programme for leaders on their ethos and culture in the light of the mental health needs of their staff. Includes the award-winning Pandemic Wellbeing Suite, a set of courses for helping employers think about the mental health impact of the pandemic and lockdown.

March 18 – Present Member of the All Party Parliamentary Group for Mentoring

July 17 – Present Skills for London Apprenticeship Group Member

2017 Inducted into the European Alliance for Apprenticeships

2016 – 18 **HuffPost Blogger**

April 16 – Present **Founder, The Mentoring School**

Setting standards in mentoring by producing certified mentor schemes, some with optional qualifications. Sectors covered:

- Children and young person's mentoring
- Academic mentoring
- Teacher mentoring
- Healthcare mentoring
- Workplace mentoring
- Sales mentoring
- Business mentoring
- Executive mentoring
- Life mentoring
- Sports mentoring
- Job and career mentoring

April 14 – Present **Leading Expert, The Kid Calmer**

As a mental health, behaviour and socio-emotional development expert, Richard is known as the Kid Calmer, offering guaranteed consultations to parents and families around the world – if Richard cannot help, they do not pay.

March 14 – Present **Chair, The National SEND Awards**

May 13 – Present **CEO of The Root Of It**

2012 – 2013 **Co-author, Boxall-Curtis Profile, Nurture Group Network**

2012 **Specialist Leader in Behaviour and Attendance awarded**

2010 – 2013 **Primary Inclusion Adviser, West Sussex Local Authority**

This role included responding to the individual needs of over 240 primary schools when children's behaviour has meant an urgent response was required. Referrals were received from the behaviour support team, educational psychologists, therapists, exclusion team and children's mental health services.

2003 – 2010 **Teacher, rising to Lead of Pupil Referral Unit**

1999 – 2002 **Mental Health Support Worker in in-patient adult and child units**

Jan 96 – Dec 10 **Volunteer, St John Ambulance**

Various positions, including Deputy Commissioner (Operations) for the county of Hampshire and Sheffield Training Officer for South and West Yorkshire.

EDUCATION AND QUALIFICATIONS:

2017 Start of PhD Psychology at University of Southampton

2013 – 2014 MA Education (Edge Hill)

2000 – 2003 BA (Hons) Primary Education with Qualified Teacher Status (Sheffield Hallam)

AWARDS:

2014 The Root Of It awarded Best New Business Award

- 2015** The Root Of It awarded Gold Scoot Headline Award
2017 The Mentoring School awarded Best EISC Erasmus Host of the Year and Silver Award for Support to the Apprenticeship Sector
2020 The Root Of It awarded Prestige South of England Mental Health Awareness Programme of the Year, The Kid Calmer awarded Prestige South of England Parent Adviser of the Year and also Children's Mental Health Programme of the Year at the Healthcare & Pharmaceutical Awards 2020, all three for mental health support during the pandemic.

PUBLICATIONS:

- 2018** Author of 'AWOL: the missing teenage brain and the impact on mental health'
2018 Co-author of 'The Gifted Introvert'
2017 Co-author of 'Boosting Positive Mental Health in Teens' with Naomi Richards
2017 Author of 'The Parent's Guide to the Modern World' and 'The Young Person's Guide to the Modern World'
2016 Author of 'Gratitude in Primary Schools', 'Gratitude in Secondary Schools and Higher Education', 'Gratitude at Home'
2012 – Author of the 'Social and Emotional Skills Assessment'
2014 Author of '101 Tips for Parents', '101 More Tips for Parents' and '101 Behaviour Tips for Parents'

CONTACT:

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